



# THE SEVEN ESSENTIALS

## The Seven Essential Elements Required for Emotional Safety and Personal Empowerment

Emotional safety is determined on an unconscious level, based on a series of questions that must be satisfied. Think of these questions as your personal operating software that gives your brain vital information to keep you safe and solve your problems. The answers to these highly complex questions are naturally propagated when The Seven Essential Elements required for Emotional Safety are present and promoted in your home.

### 1. A Culture of Vision - Teach Children to Dream

Children are more likely to succumb to peer pressure if they do not have a strong sense of who they are and where they are going. Children who learn to dream develop an internal map that helps release them from the pressure to fit within the status quo. I'll show you how to create a culture of vision in your home that answers the intrinsic question, "Who am I?"

### 2. A Culture of Honor – Teach Children to Honor Others

Children who are taught to honor others through words and conduct develop an awareness for those around them and a core belief system of human value and equality. These children are far less likely to ostracize others and more likely to embrace diversity based on intrinsic worth. I'll show you how to answer the question, "Who are you?", through honor.

### 3. A Culture of Purpose - Nurture Your Child's Interests

Children who develop their interests and talents gain a stronger sense of purpose and appreciation of their unique identity. When children like who they are, they are far less likely to conform to the crowd. I'll show you how to release the power of purpose to answer the intrinsic question, "Why am I here?"

### 4. A Culture of Connection – Promote Small Group Participation

Belonging is one of the greatest psychological needs of humans, causing children to do almost anything to "fit in." Children who connect with small interest groups are more likely to find their niche through common interests rather than popularity-driven clicks. Connection helps children answer the intrinsic questions, "Where am I going and who am I going with?"

### 5. A Culture of Leadership - Provide Opportunities to Serve

Children who take ownership for their decisions develop self-confidence, self-governance, initiative, and stewardship. When these qualities are used for the service of others, children find significance and are far more likely to empower each other to succeed. I'll show you how to internally motivate your children for success by answering the question, "How do I get there?"

### 6. A Culture of Innovation - Teach Children to Celebrate the Process

Children who learn to embrace disappointments and failures as stepping stones to success, are far more likely to stay the course and accomplish their goals. I'll show you how to inspire "World Changers" through a culture of tenacity, determination, and innovation. This critical step in emotional safety empowers children to answer the question, "Do I have what it takes?"

### 7. A Culture of Heroism – Affirm Your Children

Children who are taught their worth based on who they are rather than on what they do, develop an internal compass that is not easily compromised. Peer pressure has little ability to persuade them to participate in activities that do not align with their compass of truth. I'll show you how to nurture young heroes who can easily answer the question, "Am I good enough?"